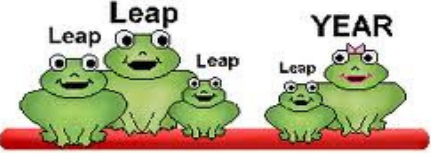









February 2012

Mon	Tue	Wed	Thu	Fri
		1 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Memory/Music/Mental Aerobics Groups YSS Program	2 Groundhog Day 10:00 Art Group 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy & Children Visit	3  Groundhog Day
6 10:00 Art Therapy 11-12 Exercise Class 12-12:30 Lunch 12:30 Music Therapy	7 11:00 Quiz Time 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy 	8 10:30 Chinese Medicine 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Memory/Music/Mental Aerobics Groups YSS Program	9 10:00 Art Group 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy	10 
13 10:00 Art Therapy 11-12 Exercise Class 12-12:30 Lunch 12:30 Music Therapy	14 11:00 Quiz Time 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy	15 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Memory/Music/Mental Aerobics Groups YSS Program	16 10:00 Art Group 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy & Children Visit	17 
20 10:00 Art Therapy 11-12 Exercise Class 12-12:30 Lunch 12:30 Music Therapy	21 11:00 Quiz Time 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy	22 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Memory/Music/Mental Aerobics Groups YSS Program	23 10:00 Art Group 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy	24 The Oscars February 26th 
27 10:00 Art Therapy 11-12 Exercise Class 12-12:30 Lunch 12:30 Music Therapy	28 10:15: Understanding Osteoarthritis 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Music Therapy	29 Pink Shirt Day 10:30 Knitting Group 11:30-12:30 Exercise Class 12:30-1:00 Lunch 1:00 Memory/Music/Mental Aerobics Groups YSS Program		 Osteoarthritis can affect everyone!

PLEASE CALL 778-340-5803 IF
YOU'RE GOING TO BE ABSENT.