



2019 Young Survivors' of Stroke Program

Location: Amica at Edgemont NSSRC

778-340-5803 (leave a message)

3225 Highland Blvd, NV, North Vancouver

	May 6	May 13	May 20	May 27
10:00-10:30	<i>Coffee and Catch up time ☺</i>	<i>Coffee and Catch up time ☺</i>	<p>© CanStockPhoto.com - csp47566982</p>	<i>Coffee and Catch up time ☺ Lipstick Project</i>
10:30-11:30	<i>Music with Sam</i> 	<i>Music with Sam</i>		<i>Games and Puzzles Sharing Time</i>
11:30 - 12 noon	<i>Lunch &amp; Mental Aerobics</i>	<i>Lunch &amp; Mental Aerobics</i>		<i>Lunch &amp; Mental Aerobics</i>
12:00-1:00	<i>Move with Sue</i>	<i>Move with Susan</i>		<i>Move with Susan</i>

*\*See NSSRC general Calendar for YSS programming available Weds at North Shore Neighborhood House N.Van*