

#### **EVENT DETAILS**

Centre (NSSRC) for our annual Strides for Strokes fundraising event to celebrate and support survivors of stroke. Strides for Strokes is a 4 km run/walk/roll along the iconic West Vancouver seawall followed by fabulous food, music, a silent auction and incredible art display by NSSRC members. Please bring your friends, family, and above all, your smiles.

Date: Saturday, June 10, 2023

9:30 am: Registration10 am: Walk/Run/Roll

• 12 pm: Lunch and celebrations

Location: John Lawson Park (17th St. &

Bellevue Ave., West Van, BC)

### **DONATE TODAY**

No event tickets are required to participate in Strides for Strokes but we ask that you make a much needed donation to NSSRC with all proceeds going directly to support survivors of stroke.

- Donate using the QR code below or go to <u>nssrc.org</u> and click 'Donate Today'
- · Cheques should be payable to 'NSSRC'



## NORTH SHORE STROKE RECOVERY CENTRE

NSSRC offers a variety of stroke recovery programming including exercise, yoga, art, music, speech therapy and cognitive stimulation. In addition to these programs, the NSSRC provides caregiver and outreach support. Supporting the NSSRC ensures we can continue to deliver high quality rehabilitation and therapeutic services to survivors of stroke.

NSSRC.ORG INFO@NSSRC.COM #STRIDESFORSTROKES



THE 16TH ANNUAL

# STRIDES FOR STROKES

**JUNE 10, 2023** 



#### **16TH ANNUAL STRIDES FOR STROKES**

Saturday June 10, 2023 Registration: 9:30 am Walk/Run/Roll: 10:00 am

Donations can be made online at www.nssrc.org

**Participant Information (Please Print Clearly)** 

The personal information on this form is used to process an individual's registration, provide notification of next year's event and remit tax receipts. Questions about this collection can be directed to the NSSRC at info@nssrc.org Charitable Registration No. 89628-8164-RR0001

Name:	Team Name:	<del>-</del>
Address:	City:	Postal Code:
Email:	Telephone:	
participation in this event. I grant full permission to Nor pictures, recordings, or any other record of this event of	rery Centre, its employees, volunteers and sponsors from any claim, rth Shore Stroke Recovery Centre to use my name and/or likeness, and for any purpose related to the 2023 Strides for Strokes event versions.	and/or any photographs, videotapes, motion without any compensation to me.
Signature:	(if under 18 yrs, parent or guardian must	sign)
Charitable donation receipts will be issue	ed for donations of \$20 or more.	

Name	Address	Email Address	Pledge Amount	Receive NSSRC Updates?
				YN
				Y
				YN