



EVENT DETAILS

Join the North Shore Stroke Recovery Centre (NSSRC) for our annual Strides for Strokes fundraising event to celebrate and support survivors of stroke. Strides for Strokes is a 4 km run/walk/roll along the iconic West Vancouver seawall followed by fabulous food, music, a silent auction and incredible art display by NSSRC members. Please bring your friends, family, and above all, your smiles.

Date: Saturday, June 10, 2023

- 9:30 am: Registration
- 10 am: Walk/Run/Roll
- 12 pm: Lunch and celebrations

Location: John Lawson Park (17th St. & Bellevue Ave., West Van, BC)

NORTH SHORE STROKE RECOVERY CENTRE

NSSRC offers a variety of stroke recovery programming including exercise, yoga, art, music, speech therapy and cognitive stimulation. In addition to these programs, the NSSRC provides caregiver and outreach support. Supporting the NSSRC ensures we can continue to deliver high quality rehabilitation and therapeutic services to survivors of stroke.

NSSRC.ORG INFO@NSSRC.COM #STRIDESFORSTROKES



**NORTH SHORE
STROKE
RECOVERY CENTRE**

DONATE TODAY

No event tickets are required to participate in Strides for Strokes but we ask that you make a much needed donation to NSSRC with all proceeds going directly to support survivors of stroke.

- **Donate using the QR code below or go to nssrc.org and click 'Donate Today'**
- **Cheques should be payable to 'NSSRC'**



THE 16TH ANNUAL STRIDES FOR STROKES

JUNE 10, 2023

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